



## THE SCAFFOLDER

Your Weekly Access to SAIA News, Training, Events & More!

### SILENT BUT SERIOUS: DEPRESSION IN THE WORKPLACE

You can't afford to ignore it. Yet many employees don't seek treatment because of the stigma that accompanies depression.

More than 9.5 percent of the population (or 19 million adults) are afflicted by this mental health illness.

It's impact on the economy is glaring: untreated depression costs as much as either heart disease or AIDS. It's \$51 billion price tag is accrued through absenteeism, lost or decreased productivity, and problems with decision-making, memory, and concentration.

Read the full article [here](#).

Additional sources:  
[Mental Health America](#)  
[All About Depression](#)

### WORKPLACE INJURIES LEAD TO OPIOID OVERDOSE DEATHS

A recent [report](#) from the Massachusetts Department of Public Health found that construction workers died from an opioid overdose at a rate of six times the average rate of other industries.

**WORLD OF CONCRETE**

**WE DON'T STOP**

**THE Annual International Event  
for Concrete & Masonry**

JANUARY 22-25, 2019 | SEMINARS: JANUARY 21-25  
LAS VEGAS CONVENTION CENTER | LAS VEGAS, NV, USA

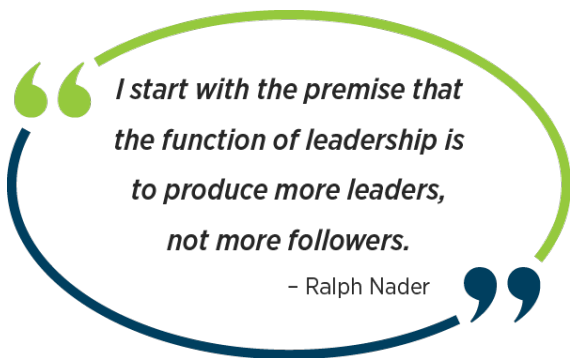
**Visit Us at Booth #C3335**

### PUZZLING OSHA RULE CLARIFIED

Are you scratching your head trying to dissect OSHA's Electronic Recordkeeping Rule (29 CFR Part 1904)? Are the complex requirements a pain point for you?

Take comfort. You're not alone. And this [free report](#) can make it easier to understand. It clearly recaps the changes introduced, provides an overview of changing requirements, and outlines guidelines for handling the process correctly.

Read the full article [here](#).



## COMMUNICATION IS KEY FOR FUTURE PROJECT MANAGERS

Communication tops the list of soft skills essential for the next generation of construction managers – an occupation that's estimated to grow 11 percent in the next ten years.

Poor communication can lead to delayed projects, unexpected changes, and disputes. Great communication comes from consistent practice, real-life experiences, and [classroom education](#). There's no better way to get started than to just dive in.

Read the full article [here](#).

Did you know that the SAIA has a traditional classroom-style [course](#) focused on leadership development, of which communication is one component? Upcoming dates include:

**January 23-24, 2019**  
World of Concrete | Las Vegas

**April 27-28, 2019**  
Committee Week | Portland, Ore.

**June 20-21, 2019**  
Kansas City, Mo.

For more information, contact [Jackie Brown](#) at 816.595.4843.



## SAY HELLO TO OUR NEWEST ATI INSTRUCTORS!

Please welcome to the SAIA training family our two most recent Accredited Training Institutes (ATIs) instructors:

**Train Rite Aware Safety**  
Edward Christy  
Hatboro, PA  
[ejchristycarp@yahoo.com](mailto:ejchristycarp@yahoo.com)  
215.768.5845

**Trekker Distributor**  
Micah Turner  
Orlando, FL  
[micah.turner@treknergrou.com](mailto:micah.turner@treknergrou.com)  
407.367.2633

**Safety Scaffolds, Inc.**  
James McNamara  
Branchville, NJ  
[james@safetyscaffolds.com](mailto:james@safetyscaffolds.com)  
973.948.5511

To find an ATI in your area, click [here](#).



There's still time to renew your membership/ATI. **Call Brandi now at 816.595.4833!**

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Let us know how we're doing: what's working, what's not. Have a suggestion or idea? Tell us about it. What information do you want to see in this e-newsletter? All feedback, good or bad, is welcomed and appreciated. Contact Denice Posey, Marketing Manager, at [denice@saiaonline.org](mailto:denice@saiaonline.org).

[www.saiaonline.org](http://www.saiaonline.org)

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